



CHARLTON HOUSE INDEPENDENT SCHOOL

PSHE and RSE Overview

Years 5 and 6



Cycle A (Year 5)

Autumn	Module 1, Unit 1 <b>Calming the Storm</b>  Module 2, Unit 1 <b>God Is Calling You</b>	Module 2, Unit 2 <b>Under Pressure</b> <b>Do You Want a Piece of Cake?</b> <b>Self-Talk</b>
Spring	Module 2, Unit 3 <b>Sharing Isn't Always Caring</b> <b>Cyberbullying</b>	Module 2, Unit 4 <b>Types of Abuse</b> <b>Impacted Lifestyles</b> <b>Making Good Choices</b> <b>Giving Assistance</b>
Summer	Module 3, Unit 1 <b>The Holy Trinity</b> <b>Catholic Social Teaching</b>	Module 3, Unit 2 <b>Reaching Out</b> <b>The World of Work</b>

Cycle B (Year 6)

Autumn	<p>Module 1, Unit 1 <b>Calming the Storm</b></p>	<p>Module 1, Unit 2 <b>Gifts and Talents</b> <b>Girls' and Boys' Bodies</b> <b>Spots and Sleep</b></p>
Spring	<p>Module 1, Unit 3 <b>Body Image</b> <b>Peculiar Feelings</b> <b>Emotional Changes</b> <b>Seeing Stuff Online</b></p>	<p>Module 1, Unit 4 <b>Making Babies</b> <b>Menstruation</b> <b>Hope Beyond Death</b> <b>Coping with Change</b></p>
Summer	<p>Module 2, Unit 2 <b>Build Others Up</b></p> <p>Module 3, Unit 1 <b>The Holy Trinity</b></p>	<p>Module 3, Unit 2 <b>Reaching Out</b> <b>Money and Me</b></p>